

LOURDES CATHOLIC SCHOOL

SEPTEMBER MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 All meals include milk.	2 NO SCHOOL LABOR DAY	3 Spaghetti & Meatballs Garlic toast Salad Peaches	4 Brd. Chicken Sandwich Baked Beans Mixed Fruit Teddy Grahams	5 Nachos Refried Beans Corn Orange	6 Mozzarella Sticks Broccoli Mix Apple Choc. Pudding	7
8	9 Oreos Mac-n-Chz Little Smokies Green Beans Pineapple Cookie	10 Chx & Dumplings Biscuit Peas Banana Lorna Doones	11 Grilled Chz Baked Chips Carrots & Ranch Mand.Oranges Gushers	12 Omelets Sausage Tri-Tator Go-Gurt	13 Hot Dog Fries Mixed Veggies Fruit Snacks	14
15	16 Turkey in Gravy Mashed Potatoes Corn Peaches	17 Breakfast Pizza Applesauce Oatmeal Raisin Cookie	18 Rice, Brocc Chz Casserole Carrots Pears Teddy Grahams	19 Popcorn Chx Sweet Potato Fries Baked Beans Mandarin Oranges	20 Fettucine with grilled chx & veggies Garlic Bread Pineapple	21
22	23 Pizza Crunchers Green Beans Tropical Fruit Cookie	24 Breakfast Scramble Banana Fruit Crisp Teddy Grahams	25 Chx. Nuggets Veggie Rice Pilaf Pineapple Fruit Snacks	26 Corn Dog Tator Tots Pears Vanilla Pudding	27 Pizza Mixed Vegetables Apple Oreos	28
29	30 Tator Tot Casserole Corn Garlic Toast Applesauce					