

What is Alpha?

Alpha is a series of interactive sessions that freely explore the basics of the Christian faith.

Who's it for?

Alpha is for anyone who's curious. The talks are designed to encourage conversation and explore the basics of the Christian faith in a friendly, open and informal environment. No question is out of bounds and you are free to discuss as much or as little as you wish.

How does it work?

Alpha is made up of ten sessions. Each session includes food, a short talk, and a discussion at the end where you can share your thoughts. There's no pressure, no follow up, and no charge.

Held over the course of 10 weeks, Alpha is a series of sessions designed to explore the basics of the Christian faith. Each session looks at a different question about the faith and is designed to create conversation. It's an open, informal, and honest space to explore and discuss life's big questions together. While Alpha is perfect for someone who is exploring whether or not Christianity is right for them, it's also a great opportunity for the life-long Catholic to learn more about what we believe and why. Dinner is included and childcare will be provided for a small fee.

When is Alpha?

Alpha is on Thursday nights, from 6-8pm, beginning September 27.

Where will it be held?

Alpha will meet in the Parish Activity Center. Look for the signs.

How do I sign up?

Visit the parish website, www.lourdescatholic.com, or call the parish office (359.0345).



