



N.U.T. Day Guidelines

NUT DAY:

NUT stands for “No Uniform Today”. **There are still guidelines to be followed on NUT days.** Students must still follow the sections on Shoes, Hairstyles, Jewelry, and Make-up. Shirts must have sleeves and cover shoulders. Non-dress pants are allowed with the following guidelines for Shorts (no more than 2” above knee, nothing torn or ripped) and Pants (no pajama pants, nothing torn or ripped).

SHOES: Athletic shoes that tie or velcro are appropriate and recommended for everyday wear

Shoes must tie or velcro. No Slip-on shoes (Vans, Toms, Hey Dudes, etc.). No clogs, “Crocs”, sandals, jellies, moccasins, flip flops, open toed or heeled shoes, or dress shoes or boots. Boots are only allowed during recess

P.E.: Athletic shoes only with non-marking soles – must have shoe laces that tie or Velcro. If a student is not wearing tennis shoes for gym, he/she will sit out and may face an additional consequence at the discretion of the teacher.

HAIRSTYLES:

Neat hairstyles - age appropriate/No elaborate coloring
 No partially shaved heads or lines cut into hair
 Boys: No ponytails

JEWELRY:

Boys: No earrings
 Girls: Small earrings only, no dangling earrings
 Girls/Boys: Small chain (one) may be worn by boys or girls

MAKE-UP:

Boys: No nail polish no makeup
 Girls: No make up
 Boys/Girls: No temporary tattoos. No Writing on one’s body